



**AUGUST
MENU**

August 2019 FCA Lunch Menu

FCA: Please add \$20.00/week for cafeteria lunches.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8 Orientation 7 p.m.	9
12 WELCOME BACK BRUNCH French Toast Sausage Fruit	13 Red Beans & Sausage Over Rice Mustard Greens Cornbread & Fruit	14 Beef Stew –n-Gravy Sliced Carrots & Potatoes Over Rice Dinner Roll & Fruit	15 Crispy Shell Tacos Lett/Cheese/Pico Sour Cream Chips & Salsa Fruit	16 Chicken Sandwich Lett/Pickle Spear Waffle Fries Fruit
19 White Beans & Ham Over Rice Cabbage Dinner Roll & Fruit	20 Stewed Chicken Over Rice Creamed Corn Dinner Roll & Fruit	21 BBQ Sausage Po-Boy Baked Beans Fruit	22 Meatloaf Mashed Potatoes & Gravy Sweet Peas Breadstick & Fruit	23 Hamburger Lett/Pickle Spear Bag of Chips Fruit
26 Red Beans/Sausage Over Rice Mustard Greens Cornbread & Fruit	27 Spaghetti W/Meat Sauce Side Salad Garlic Toast & Fruit	28 Hot Dogs Bag of Chips Oatmeal Pie Fruit	29 Sausage Jambalaya Green Beans Dinner Roll & Fruit	30 Sloppy Joes Waffle Fries Fruit

**PLEASE NOTE: Menu is subject to change with 24 hour notice.
All lunches served with 1 serving of whole white milk. Extra milk \$.50**